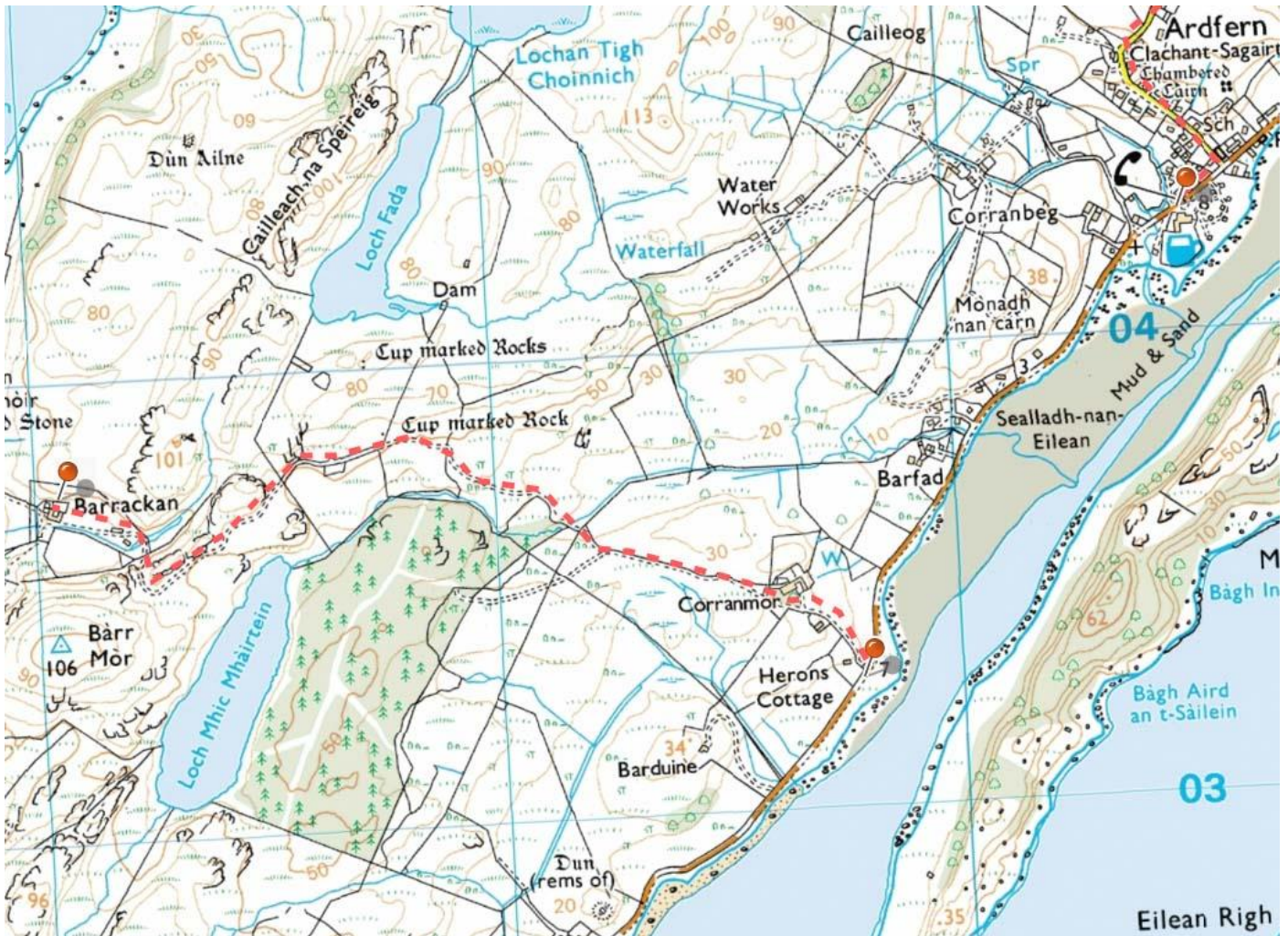


# Barrackan & Barmor



(4 miles there and back) Just over half a mile south of the centre of Ardfern, take the track on your right, immediately before 'Heron's Cottage'. Walk up the track, which leads past the entrance to Corranmor farmhouse and over two cattle grids. The track continues for about a mile, going through one gate en route, until it bends sharply to the right, giving wonderful views westwards to Scarba, Jura and Mull. At this point, if you are feeling energetic, take the rough track to your left and head up the hill. It's a short, steep climb, but the panoramic view when you reach the trig point at the top is well worth the effort.

If you're interested in history, continue downhill on the track and past the front of Barrackan, the large house at the bottom, until you reach a gate leading into a field. Turn right in the field and walk round the edge until, in about 300 yards, you see a small mound to the west of the path. Lying on the ground is a stone, 6 feet long, with two small crosses and a large pecked design like two Bs back to back. This stone (Leac an Duine Choir - 'Flat stone of the Just Man') is said to have been taken as a lintel for the farmhouse, but was replaced when 'a voice came every night asking for it to be put back'.

For more information, get a copy of OS Explorer map 358 - 'Lochgilthead and Knapdale North.'  
It is nearly always a good idea to wear boots or wellies and take waterproofs and a mobile.  
Please leave all gates as you find them, don't litter and keep dogs under control.